## What is Claimed is:

- 1. A method of disseminating medical information to increase patient compliance with a medical regimen, said method comprising the steps of:
- a) creating a database which includes information regarding a plurality of patients and a plurality of medicines;
- b) providing a system structured to allow a plurality of stakeholders to access said database and input data into said database through an electronic communication medium;
- c) collecting input data from said stakeholders in said database through an electronic communication medium;
  - d) providing medicine to a patient in a smart package;
- e) providing a device structured to allow said smart packages to interact with said database through an electronic communication medium;
- f) collecting data from said smart packages and storing said data in said database;
  - g) analyzing data to determine the compliance level of the patient;
- h) creating a patient report for each said patient having data relevant to each said patient; and
- j) allowing each said patient to access his or her patient report through an electronic communication medium.
- 2. The method of Claim 1, wherein said data input by said stakeholders includes data regarding the side effects of a medicine and interactions between medicines.
- 3. The method of Claim 2, wherein said data input by said stakeholders includes data regarding at least one of: the expected results from a medicine, diagnostic medical test results on a patient, data regarding the adherence to exercise, or diet regimens by a patient.

- 4. The method of Claim 1, wherein:
- said step of collecting data from said smart packages is an on-going process and said analysis to determine a compliance level is repeated periodically;
  and
  - b) said step of creating a patient report is repeated periodically.
  - 5. The method of Claim 1, comprising the further steps of:
- a) analyzing data to determine a compliance-behavior value of the patient; and
- b) allowing a stakeholder access the compliance-behavior value for a specific patient through an electronic communication medium.
- 6. The method of Claim 5, wherein said step of analyzing data to compliance-behavior value includes the steps of:
  - a) formulating a recursive algorithm;
- b) comparing the data regarding a patient with a pre-defined set of optimal criteria; and
- c) adjusting the patient's compliance-behavior value as the patient's compliance improves or declines.
- 7. The method of Claim 5 wherein said step of analyzing data to determine a compliance-behavior value includes the step reducing the compliance behavior value to a number or a code.
- 8. The method of Claim 5, wherein said stakeholders are selected from the group including patients, doctors, insurance companies, pharmaceutical companies, pharmaceutical distributors, and healthcare providers.

- 9. The method of Claim 8 further comprising the steps of:
- a) said insurance company providing said patient with insurance at a rate;
- b) said insurance company adjusting said rate for a patient based on said patient's compliance-behavior value; and
- c) updating said patient report with information about said adjustment in said rate.
- 10. The method of Claim 1, wherein said stakeholders include patients, doctors, insurance companies, pharmaceutical companies, pharmaceutical distributors, and healthcare providers.
- 11. A computer-readable medium structured to communicate with smart packages for medicines and a plurality of stakeholders through an electronic medium, and containing instructions for determining the compliance of a patient with a medicine regimen, by:
- a) storing a database which includes information regarding a plurality of patients and a plurality of medicines;
- b) collecting input data from said stakeholders through said electronic communication medium;
- c) collecting data from said smart packages and storing said data in said database; and
  - d) analyzing data to determine the compliance level of the patient.
- 12. The computer-readable medium of Claim 11, wherein said data collected from said stakeholders includes data regarding the side effects of a medicine, interactions between medicines, and the expected results of medicines.

- 13. The computer-readable medium of Claim 12, wherein said data collected from said stakeholders includes data regarding diagnostic medical test results, and data regarding the adherence to exercise and diet regimens by a patient.
  - 14. The computer-readable medium of Claim 11, wherein:
- a) said step of collecting data from said smart packages is an on-going process and said analysis to determine a compliance level is repeated over time; and
- b) said step of analyzing data to determine the compliance level of the patient is repeated over time.
- 15. The computer-readable medium of Claim 11, comprising further instructions for:
- a) analyzing data to determine a compliance-behavior value of the patient; and
- b) allowing a stakeholder access the compliance-behavior value for a specific patient through an electronic communication medium.
- 16. A computer-readable medium containing a data structure for storing data relating to the compliance of a patient with a medicine regimen containing data relating to a plurality of medicines and an account for each of a plurality of patients, each account containing data identifying the medicines being taken by each a patient and the data identifying when a smart package that contains the medicine is used.
- 17. The computer-readable medium containing a data structure of Claim 16 wherein said patient account further includes data input by a doctor regarding compliance by a patient.
- 18. A system for disseminating medical information to increase patient compliance with a drug regimen comprising:
  - a computer controlled by an administrator;

- a component storing a database which includes information regarding a plurality of patients and a plurality of medicines;
- a means for a plurality of stakeholders to access said database and input data into said database through an electronic communication medium;
- a means for recording input data from said stakeholders in said database through an electronic communication medium;
  - a smart package for storing medicine;
- a means for said smart packages to interact with said database through an electronic communication medium;
- a means for collecting data from said smart packages and storing said data in said database;
- a data analyzing component that analyzes said data from said smart packages to determine the compliance level of the patient;
- a patient report generating component that creates a patient report for each said patient, said patient report having data relevant to each said patient; and
- a means for allowing each said patient to access his or her patient report through an electronic communication medium.
- 19. The system of Claim 18 wherein said computer controlled by an administrator includes said component storing a database, said data analyzing component, and said patient report generating component.
- 20. The system of Claim 18 wherein said means for collecting data from said smart packages is a base station.
- 21. The system of Claim 18 wherein said means for allowing each said patient to access his or her patient report is a computer.